Spiritual Food CSA WINTER / SPRING 2023-24

Welcome!



New? Y / N Name of the main contact person in your household e-mail phone If there is someone else who wants to receive our messages, please write here name, e-mail, phone **Circle your Pick Up Location:** or inquire about home delivery for \$10/week Bethesda Arlington Waldorf School Takoma Park Hyattsville Cabin John Capitol Hill **TYPES OF SHARES:** FULL YEAR DISCOUNT Main share of veggies, fruit and supplements Main share without bread For those who register for our <u>MAIN</u> SHARE for the full CSA year a Veggie / Fruit Only discount is **built in** (\$100 weekly, \$50 bi-weekly for May 31, 2023 to May **SEASON DATES:** 2024) for your commitment to the Winter: Nov 29, 2023 - May 23, 2024 (24 wks) skip 12/27, 1/3 farmers, to your own health and eating habits, and to the School of interested in other seasons? (separate forms on website or pick up at the site) *Life that administers the program. See* the Summer/Fall & Full Year Full Year: May 31, 2023 – May 22, 2024 (50 wks) Registration form. Sum/Fall: May 31 – Nov 22, 2023 (26 wks) School Year: Sept 6, 2023 – May 22, 2024 (36 wks) ◆ For a HALF share, we recommend BI-WEEKLY receiving a full size share every other Wednesday

- Prefer half share every week? A private arrangement can be made to split a weekly share with a partner
- Season already started? Contact us about availability and prorating
- ♦ NEW to CSA? Contact us to see about trying it out for a couple weeks

CIRCLE YOUR CH	IOICES:				
Share type	Season	Time period	Full or half share	lump sum	installments
Main Share	Winter/Spring	Dec – May	weekly	\$1,075	358 x 3
			bi-weekly	\$550	183 x 3
Without bread	Winter/Spring	Dec – May	weekly	\$1,020	340 x 3
			bi-weekly	\$523	174 x 3
Veggie/Fruit only	Winter/Spring	Dec – May	weekly	\$875	291 x 3
			bi-weekly	\$450	150 x 3

CREDIT CARD payment is available on the website- the prices here reflect a cash/check discount

Checks payable to School of Life CSA, 4217 East-West Highway, Bethesda, MD 20814

- 1 check of the lump sum, or
- Installments as noted in the last column above putting today's date on the first check you write, and date the subsequent checks 2 months apart, dated the 1st of those months. For example for a Main Share, Winter season, weekly: 3 checks of \$358 each starting with the date you fill out the form e.g. Oct 5, then 2 more checks 2 months apart: January1, March 1.
- If you arrange installment checks to be sent direct from your bank, let us know.

For installments - IMPORTANT - please send ALL Post Dated Checks with this registration form.