# Spíritual Food CSA SUMMER/FALL & FULL YEAR 2024-25



Name of the main contact person in your household e-mail phone

If there is someone else who wants to receive our messages, please write here name, e-mail, phone

Circle your Pick Up Location: Bethesda Arlington Takoma Park Cabin John Capitol Hill Hyattsville Washington Waldorf School Potomac Crescent Waldorf School or inquire about home delivery for \$12/week

## TYPES OF SHARES:

- Main share of veggies, fruit, dried fruit, eggs and staple dry goods
- Main share without bread
- Veggie / Fruit Only

SEASON DATES: Full Year: May 29, 2024 – May 21, 2025 (50 wks)

■ Sum/Fall: May 29 – Nov 20, 2024 (26 wks)

Other seasons, see separate forms on website or pick up at the site:

- School Year: Sept 4, 2024 May 21, 2025 (36 wks)
- Win/Spring: Nov 27, 2024 May 21, 2025 (24 wks) skip 12/25, 1/1

### FULL YEAR DISCOUNT

For those who register for our MAIN SHARE for the full CSA year a discount is built in (\$100 weekly, \$50 bi-weekly for May 29 '2024 – May 21, 2025) for your commitment to the farmers, to your own health and eating habits, and to the School of Life that administers the program.

- ❖ For a HALF share, we recommend BI-WEEKLY receiving a full size share every other Wednesday
- Prefer half share every week? A private arrangement can be made to split a weekly share with a partner
- Season already started? Contact us about availability and prorating
- NEW to CSA? Contact us to see about trying it out for a couple weeks

#### **CIRCLE YOUR CHOICES:**

Share type	Season	Time period	Full or half share	lump sum	installments
Main Share	Full year	May 29 – next May	Weekly	\$2,125	425 x 5
			bi-weekly	\$1,075	215 x 5
	Summer/Fall	May 29 – Nov 20	Weekly	\$1,175	391 x 3
			bi-weekly	\$600	200 x 3
without bread	Full Year	May 29 – next May	Weekly	\$2,020	404 x 5
			bi-weekly	\$1,023	205 x 5
	Summer/Fall	May 29 – Nov 20	Weekly	\$1,125	375 x 3
			bi-weekly	\$575	191 x 3
Veggie/Fruit only	Full Year	May 29 – next May	Weekly	\$1,845	369 x 5
			bi-weekly	\$935	187 x 5
	Summer/Fall	May 29 – Nov 20	Weekly	\$995	331 x 3
			bi-weekly	\$510	170 x 3

**CREDIT CARD** payment is available on the website- the prices here reflect a cash/check discount

## Checks payable to School of Life CSA, 4217 East-West Highway, Bethesda, MD 20814

- All at once lump sum,
- OR Installments as noted in the last column above; put today's date on the first check you write, and date the subsequent checks 2 months apart, dated the 1<sup>st</sup> of those months. For example for a Main Share, Full Year, weekly: 5 checks of \$425 each starting with the date you fill out the form e.g. April 6th, then 4 more checks 2 months apart: June 1, August 1, Oct 1, Dec 1.
- IMPORTANT Send ALL postdated checks together with this registration form
- If you arrange installment checks to be sent direct from your bank, let us know.